

# **BIOLOGY MCQS**

## **PDF**

MULTIPLE CHOICE QUESTIONS

Biology multiple choice questions (MCQs) in PDF. These basic Biology quizzes are available to download in PDF for free at <https://freeskill.pk/>

1. What is needed as a source of energy for vital activities of the body?  
(A) Iron  
(B) Calcium  
(C) Water  
(D) Carbohydrates
  
2. Hemoglobin (Hb) is a protein that is found in the \_\_\_\_\_ of the blood.  
(A) plasma  
(B) platelets  
(C) red blood cells  
(D) white blood cells
  
3. What is essential for the formation of hemoglobin?  
(A) Iron  
(B) Calcium  
(C) Water  
(D) Carbohydrates
  
4. What is considered as good sources of iodine?  
(A) Eggs and meat  
(B) Sea foods  
(C) Fresh vegetables and fruits  
(D) Seeds

**ANSWERS**

1. (D) Carbohydrates
2. (C) red blood cells
3. (A) Iron
4. (B) Sea foods